



THS E-NEWS

May 14-24, 2018

ANNOUNCEMENTS

- **SENIORS!** Seniors must return their Chrome book; have all school fees paid and other financial obligations paid and/or returned in order to participate in commencement. Fees must be paid no later than Wednesday, May 23. Personal checks will not be accepted, fees must be paid in cash.
- May 15, 16, 17 – Senior exams (see senior exam schedule)
- May 17 – 6:00 Senior Awards Program (PAC)
- May 18, 21, 22, 23 – **Underclass exams (see exam schedule)**
- Tuesday, May 22 – 11 AM Senior Reflections at Pepper Park
- Tuesday, May 22 – \$15 Sports Physicals 2:30 – 4:30 in THS Gym (see info in newsletter)
- **MAY 23** – Last Day of School for students
- Thursday, May 24 – Graduation Rehearsal 11:00 AM (Millet Hall)
- Thursday, May 24 – **CLASS OF 2018 COMMENCEMENT** 7:00 at Millet Hall

CALENDAR OF EVENTS

MAY 14-24, 2018

MONDAY, MAY 14

All Day

Last Day for Seniors

AP Biology Exam

LAST DAY OF SCHOOL
FOR SENIORS!! 

TUESDAY, MAY 15

All Day

Senior Exams (Periods 1,3,5)
AP Calculus Exam

WEDNESDAY, MAY 16

All Day
7:00 – 8:00 PM

Senior Exams (Periods 2,4,6)
AP Eng.Lang/Comp Exam
6th Grade Band, Choir & Orchestra Concert

THURSDAY, MAY 17

All Day
11:00 AM
5:00 – 6:00 PM

Senior Exams (Period 7)
AP World History Exam
Senior Reflections (Peffer Park)
Summa Cum Laude Banquet

6:00 – 7:00 PM
6:30 – 8:30 PM

Senior Awards Program (PAC)
Board Work Session (Media Center)



FRIDAY, MAY 18

Underclass Exams (Period 7)

MONDAY, MAY 21

Underclass Exams (Periods 1,2)

TUESDAY, MAY 22

Underclass Exams (Periods 3,4)

WEDNESDAY, MAY 23

Last Day for Students

Underclass Exams (Periods 5,6)



THURSDAY, MAY 24

11:00 AM

7:00 PM

Graduation Rehearsal (Millett Hall)

Class of 2018 COMMENCEMENT (Millett Hall)



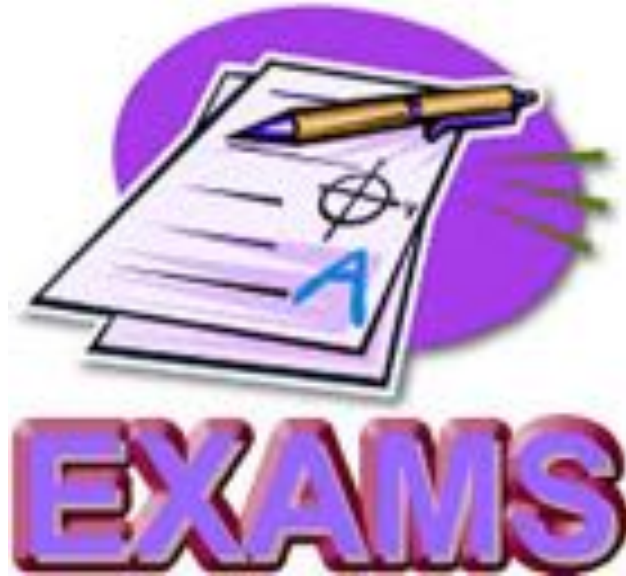


Mark Your Calendar

END OF YEAR DATES:

Last day for seniors	5/14
Senior Exams	5/15, 16, 17
Senior Awards Program	5/17
Senior Reflections	5/22 @ 11:00 AM Peffer Park
Underclass Exams	5/18, 21, 22, 23
Sports Physicals	5/22 @ 2:30-4:30 Gym
Graduation Rehearsal	5/24 @ 11:00 AM Millet Hall
2018 COMMENCEMENT	5/24 @ 7:00 PM Millet Hall

SENIOR



Schedule:

5/15

Periods 1, 3, 5

5/16

Periods 2, 4, 6

5/17

Period 7



Friday, May 18

1 st Period	7:15 – 7:57
2 nd Period	8:01 – 8:42
3 rd Period	8:46 – 9:27
4 th Period	9:31 – 10:12
*6th Period	10:16 – 10:57
5 A Lunch	11:01 – 11:31
5 B Lunch	11:31 – 12:01
5 C Lunch	12:01 – 12:31
7th Period Exam	12:35 – 2:20

*Monday, May 21

1st Period Exam	7:15 – 9:00 AM
Break	9:00 – 9:15 AM
2nd Period Exam	9:15 – 11:00 AM

*Tuesday, May 22

3rd Period Exam	7:15 – 9:00 AM
Break	9:00 – 9:15 AM
4th Period Exam	9:15 – 11:00 AM

*Wednesday, May 23

5th Period Exam	7:15 – 9:00 AM
Break	9:00 – 9:15 AM
6th Period Exam	9:15 – 11:00 AM

***(Early dismissal at 1:30 PM Monday , Tuesday, Wednesday)**



McCullough-Hyde Hospital/TriHealth & Talawanda High School are once again teaming up to provide sports physicals for the upcoming school year.

Date: Tuesday May 22, 2:30pm-4:30pm

Dr. Matthew Daggy of TriHealth Orthopedics/Sports Institute and Medical Director of McCullough-Hyde Memorial Hospital. Along with physical therapists and athletic trainers from McCullough-Hyde Hospital/TriHealth will be offering sports physicals at Talawanda High School. Physicals will be done in the gym.

The charge for this service will be \$15.00 per student.

Checks payable to: Talawanda Athletic Boosters

Students are expected to bring the completed physical form signed by parent/guardian with payment. **Without parent/guardian signature you will not be permitted to get your physical on this day.** Physical forms can be found on the athletic website and in the athletic office.

Any questions, please call the high school athletic department at 273-3201.



2017-2018 ACT TEST DATES



2017 Test Dates Deadlines	SEP 9	OCT 28	DEC 9
Registration	AUG 4	SEP 22	NOV 3
**Late Registration	AUG 5-18	SEP 23-OCT 6	NOV 4-17
Photo Upload	SEP 1	OCT 20	DEC 1

Register at
act.org

2018 Test Dates Deadlines	FEB 10*	APR 14	JUN 9	JUL 14*
Registration	JAN 12	MAR 9	MAY 4	JUN 15
**Late Registration	JAN 13-19	MAR 10-23	MAY 5-18	JUN 16-22
Photo Upload	FEB 2	APR 6	JUN 1	JUL 6

School code: _____



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Honor Your Graduation with Commencement Portraits



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AFS INTERCULTURAL PROGRAMS

Do your part for world peace! AFS Intercultural Programs welcomes high school exchange students from 90 countries to live with host families while attending high school in the Greater Cincinnati area. We are currently placing students for the upcoming year, both first semester and full-year students.

For information on becoming an AFS host family, contact Kristi Campbell at 513-867-8132 or kristicampbell95@gmail.com. For more general information on all of our programs, check out www.afsusa.org.

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Cincinnati Youth Bass

Cincinnati Youth Bass is currently looking for adult volunteers to be boat captains for our youth anglers during bass fishing tournaments scheduled throughout the summer.

About our club:

Cincinnati Youth Bass promotes the sport of bass fishing and the proper use of our natural resources. We strive to instill principals such as good sportsmanship, community involvement, and increased self-esteem as well as the necessary skills of public speaking, leadership and dedication.

Some of the youth members have dreams of attending colleges that offer Bass Fishing scholarships and programs. Others dream of a career in the sport fishing industry while others are learning a hobby that they will carry with them their entire lifetime.

Our mission statement is simple: Kids hooked on fishing!

How you can help:

We currently have 4 tournaments scheduled during the season that we are in need of boat captains for. Our volunteer boat captains bring their bass boat to our tournaments, and take 1-2 youth out for the duration of the tournament. Additional information can be provided by contacting CincinnatiYouthBass@gmail.com.

Our tournament schedule is below:

Saturday, May 19 – Whitewater Memorial (IN)

Saturday, June 9 – Caesar's Creek (OH)

Sunday, July 8 – Cowan Lake (OH)

Sunday, August 5 – Rocky Fork (OH)

Sunday, August 19 – Ohio Youth Championship, Rocky Fork (OH)

If you own a bass boat and would be willing to help these young anglers please contact Natasha at the email provided above, or call/text 513-616-9250.

Thank you in advance for your support!!!

Look us up on Facebook: Cincinnati Youth Bass Club



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Mental Health Awareness Month starts today

Spend the next 31 days spreading awareness for depression in the workplace

IT'S THE FIRST DAY OF MAY!

It's also the first day of Mental Health Awareness Month, a time to bring mental health issues to attention.

That means for the next 31 days, you have 31 opportunities to spread awareness for depression in the workplace.

Did you know?

- Depression is the leading cause of disability for people ages 15-44 in the United States.
- Even mild cases of depression can impact turnover and performance.

Depression is estimated to cause 400 million lost workdays each year.

The Right Direction initiative can help you take your first steps toward awareness or continue what you've already started.

Free resources available at <http://rightdirectionforme.com/>



Source: Right Direction is an effort from
The Center for Workplace Mental Health
Published by:



www.bhoptimalhealth.com

Discover the power of your [Online Wellness Toolkit](#)

(Support, Education, Goal-Setting, and more)

Register or log in to www.anthem.com

and select the Health and Wellness tab



May is Mental Health Awareness Month

THE RIGHT DIRECTION

Our goal is to raise awareness about stress and depression in the workplace, demystify the symptoms and treatments, and give you the information you need to get help. These resources can be your first step on the path to brighter, clearer days. Choose where you'd like to go next by clicking on the pictures or the website links.



You're Not Alone

It's estimated that one in 10 people will experience depression.



How often have you been bothered by any of the following problems?	Not at all	Several days	More than half the days	Nearly every day
Little interest or pleasure in doing things	0	1	2	3
Feeling down, depressed, or hopeless	0	1	2	3
Trouble falling or staying asleep, or sleeping too much	0	1	2	3
Feeling tired or having little energy	0	1	2	3
Feeling restless or fidgeting	0	1	2	3
Feeling sad about yourself or that you are a failure or have let yourself or your family down	0	1	2	3
Trouble concentrating on things, such as reading the newspaper or watching television	0	1	2	3
Thinking or speaking so slowly that other people could have noticed or thinking or feeling so fast that other people could have noticed	0	1	2	3

Do I Have Depression?

Take this screener to find out more.

Suicide Prevention

If you're in immediate crisis, contact the National Suicide Prevention Lifeline:
1-800-273-TALK (1-800-273-8255)



Get Help

The most important thing is to reach out for help and not ignore the problem.

Patients hold the keys to improving quality care

Dr. David Katzelnick shares his thoughts with Care For Your Mind on how patient involvement can actually lead to improved health results.

[Read More](#)

Free resources available at

<http://rightdirectionforme.com/>

Talawanda School District Breakfast Program



**A Healthy & Great Way to
Start Your Day!**

**Available for ALL Students
Every Day!**

*Breakfast costs \$1.00. Students who qualify for
reduced meals pay \$.30; those who qualify for free
meals receive breakfast at no cost.*

**Talawanda Food & Nutrition
Services Department**



MAY 2018					<p>News</p> <p>Lunch \$3.10 - \$3.50 Students who qualify for reduced meals pay \$40; those who qualify for free meals receive lunch at no cost.</p> <p>Breakfast Available for ALL Students Daily! Breakfast costs \$1.00. Students who qualify for reduced meals pay \$30; those who qualify for free meals receive breakfast at no cost.</p> <p>Daily Offerings Include: *White & Flavored Milk *Fruit & Veggie Bar *Build Your Own Chef Salads *Turkey, Ham, Buffalo Chicken or Chicken Salad Sandwiches *Hamburgers, Cheeseburgers, Pizza, & Cheesy Bread Sticks with Marinara Sauce *Grilled Chicken Sandwich (Monday & Wednesday) *Fish Sandwich (Friday) *Chicken Baskets (Monday, Wednesday, Thursday)</p> <p>Menu Items are Subject to Change This institution is an equal opportunity provider.</p> <p><i>Talawanda's Food & Nutrition Services Department</i></p>
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
	1 Orange Chicken with Rice Broccoli Fresh & Chilled Fruits	2 Grilled Cheese Tomato Soup Pickle Spear Fresh & Chilled Fruits	3 Rotini with Meatballs Garlic Roll Side Salad Fresh & Chilled Fruits	4 Chicken Nugget & Roll Mashed Potatoes with Gravy Green Beans Fresh & Chilled Fruits	
7 Corn Dog Baked Beans Baked Fries Fresh & Chilled Fruits	8 No School	9 Taco Salad – Taco Meat & Tortilla Chips Cheese, Lettuce, Tomato & Salsa Fresh & Chilled Fruits	10 Chili Mac Garlic Roll Side Salad Fresh & Chilled Fruits	11 Popcorn Chicken Bowl Mashed Potatoes with Gravy & a Roll Corn Fresh & Chilled Fruits	
14 Chili Fries Soft Pretzel Side Salad Fresh & Chilled Fruits	15 PB&J Uncrustable Chili Soup with Crackers Carrots Fresh & Chilled Fruits	16 Pork BBQ on a Bun Baked Fries Cole Slaw Fresh & Chilled Fruits	17 Rotini with Meatballs Garlic Roll Side Salad Fresh & Chilled Fruits	18 Chicken Strips & Roll Mashed Potatoes with Gravy Carrots Fresh & Chilled Fruits	
21 Final Exams Cook's Choice	22 Final Exams Cook's Choice	23 Final Exams Cook's Choice	24 Have a relaxing, safe & healthy summer break!	25	
28	29	30	31		